

Ramstein Airman & Family
Readiness Center

HEART LINK

Are you a new Air Force spouse,
or new to Ramstein Air Base?



8 February 2 June 30 August 25 October

Please register no later than 1 week prior to the class date

**JOIN US TO
LEARN ABOUT**



Agencies Available To You



Living Overseas



Air Force Culture



Building Resiliency

Registration Required

Contact the A&FRC to sign-up!
Class will be virtual via Zoom.

 Building 2120, Ramstein Air Base

 06371-47-5100

