



**DEPARTMENT OF THE AIR FORCE
86TH AIRLIFT WING (USAFE)**

**Ramstein and Vogelweh Fitness Centers
Statement of Understanding (SOU) & Rules during Unmanned
Hours**

I understand and agree that access to the Fitness Center(s) during unmanned hours is a special privilege which can be taken away for rule(s) violation. Furthermore, by registering my Identification Card with the Ramstein/Vogelweh fitness centers I acknowledge and agree to abide by all rules/regulations, stated in this SOU. This SOU may be amended from time to time at the sole discretion of the 786 FSS/CC.

- I. Eligibility for after-hours unmanned 24-7 Fitness Access - Patron(s) age 18 and older with an authorized and registered Identification. (Active Duty can be age 17)**
 - a. Authorized patrons as defined by Multi-Service publication DAFI 34-114, *Identification Cards for Members of the Uniformed Services and their Eligible Family Members, and other Eligible Personnel*, registered with the Ramstein/Vogelweh Fitness Centers.

- II. Patrons Ineligible for afterhours/unmanned 24-7 Fitness Access entry into Fitness Centers.**
 - a. Dependents of authorized patrons under the age of 18; Dependents who are over the age of 18 but do not have an eligible ID for registration - prohibited.
 - b. Authorized patrons not registered with the 24-7 Fitness Access System - prohibited.
 - c. Guests of authorized patrons are not permitted into the facility during unmanned hours.
 - d. Pets are not permitted in the facility or on Fitness Center grounds at any time.

- III. 24-7 Fitness Access Usage - Authorized/registered patrons will swipe/badge in once for access at the main entrance and close the door behind them after entry.**
 - a. CAC sharing is strictly prohibited and will result in the loss of privilege. IAW Title 18 U.S.C. Section 499, 506, 509, 701, 1001 and AFI 36-3026. Para. 1.7 *CAC sharing is viewed as theft of services and may be prosecuted in accordance with the UCMJ.
 - b. For patron safety and security, patrons will ONLY ENTER/EXIT the MAIN FACILITY DOORS and ensure that the door closes securely following entry/exit.
 - All other doors MUST remain closed unless there is an emergency.

- IV. Unmanned/After-hours Registered User Acknowledgment.**
 - a. There will be no supervision or assistance during unmanned hours. It is highly encouraged that patrons utilize the Wingman Concept during unmanned hours.
 - b. Patrons are required to wipe down equipment after use.
 - c. **Patrons acknowledge that Ramstein/Vogelweh Fitness Centers are not responsible for the protection of personal property.**
 - d. Patrons are expected to behave in accordance with Fitness Center rules and good standards of conduct and discipline.

- e. Actions such as theft, defacement or intentional damage to government property, sexual assault, inappropriate sexual behavior, and **violation of rules** will not be tolerated and are subject to punishment under the Uniform Code of Military Justice (UCMJ).
- f. Surveillance cameras will be recording activities within the Fitness Center during unmanned hours.
- g. Saunas will be off limits and turned off during unmanned hours of operation.
- h. A spotter is required when using free weight bars. If a spotter is unavailable, please use a power cage or selectorized equipment. Additionally, it is recommended not to exercise above training limits and experience.
- i. **Active Duty/Air Reserve Component/Civilian & Contractor members (Sponsors) will be held responsible for the conduct/actions of their dependents.**

V. Emergency Notification - Patrons acknowledge that there may not be anyone on site to respond to an emergency.

- ❖ Fire Department/Ambulance: 112
- ❖ Security Forces LE Desk: Ramstein 480-2050 / 06371-47-2050
Vogelweh 489-6060 / 0631-536-6060
- ❖ RAB Command Post: 480-2121 / 06371-47-2121
 - a. In case of emergency or need for assistance, an emergency phone is located at the front counter area with emergency numbers readily available.
 - b. AED and a first aid kit is centrally located by the front counter.
 - c. In case of a fire, pull the fire alarm, call 1-1-2, and evacuate the building immediately.
 - d. In the event of severe weather, patrons will Shelter-in-Place in the Ramstein/Vogelweh Fitness Center until severe weather has passed
 - e. In the event of a power outage, all patrons will gather their belongings and exit the building promptly.
 - f. Violation of the rules will result in loss of privileges, as set out in the 24/7 Fitness Access Suspension Increments MFR, and are subject to the UCMJ.

By signing the Ramstein/Vogelweh Fitness Centers Statement of Understanding, I, the patron, certify that I have read, understand and will comply with the rules/terms of this statement of understanding during unmanned hours in Ramstein/Vogelweh Fitness Center.

Customer Name: _____ **Signature:** _____

Date: _____